

RISE

*Free event
come and try*

- wheelchair basketball
- trampolining
- dance • aerobics
and lots more!!

*Richmond upon Thames
Inclusive Sport and Exercise*

**Promoting sports and exercise for
disabled people of all ages**



Photographs © Graham Bool Photography



Saturday 9 October 2010
10.00am to 3.00pm

Teddington Sports Centre
Broom Road, Teddington TW11 9PJ

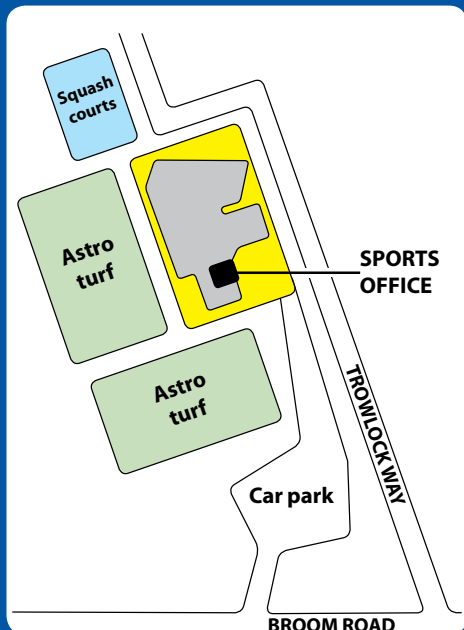
 **LONDON BOROUGH OF
RICHMOND UPON THAMES**
SPORTS DEVELOPMENT

Where are we?

Teddington Sports Centre

Teddington School, Broom Road

Teddington TW11 9PJ



Buses: 281 and 285 alight in Kingston Road and walk down Munster Road or Holmesdale Road to Broom Road

Trains: Hampton Wick Station BR

**For more information please contact Sports Development
on 020 8831 6134 Text: 07956 027701**

email lizzy.walne@richmond.gov.uk or visit www.richmond.gov.uk/RISE

Please contact us if you need this leaflet in Braille,
large print, on audio tape or in another language.
Phone: 020 8891 7500, Minicom number: 020 8891 7539.